The research of actual nutrition and food behaviour of 500 Kuzbass miners has been conducted. Impartial findings concerning the chemical composition, food set of organized and nonorganized underground feeding of miners were obtained. The peculiarities of miners' food behaviour in modern social-economic conditions were analyzed. The necessity and the directions of elaboration of steps concerning the improvement of nutrition of the given group accounting regional and professional features were demonstrated.
Abstract: Integrated hygienic ration value of organized and nonorganized nutrition of miners has been carried out. It’s demonstrated that the structure of nutrition of miners doesn’t provide the observing of principles of balance and energetic adequacy and is characterized by marked deficiency of food additives. Irrational subterranean nutrition doesn’t provide the miners with elementary protection from harmful agents of industrial environment.