The problem of ageing of the population presupposes the necessity of essential in medico-social services activity and the creation of some uniform coordinated help system for the elderly within the framework of public health services and social protection. On the basis of the carried out analysis of demographic, social, economic and medical parameters we have developed the plan of geriatric service in Ulyanovsk area. Ulyanovsk Regional Clinical Hospital of War Veterans took the leading part in this work. For the period of 1993-1997 there have been created three regional geriatric centres with branches of day-time departments for 75 places each as structural division of Ulyanovsk regional clinic hospital. In 1999 on the basis of local hospitals in rural areas we opened two interdistrict geriatric centres for 50 and 40 places as divisions of URCHWV. In their structure there are round-the-clock and day-time places, rooms of nurse care, rooms and services for rendering medical, psychological and social rehabilitation. One-place cost in 2001 has made 210 roubles, that is 1.5-2 times lower, than in city hospitals. As a result of the carried out treatment 88.3% of patients left the hospital with improvement, 9.6% of them-without changes and 1.7%--with deterioration. This form of specialized medical geriatric help to the person living in the countryside, which includes stationary help, stationary-substituted technologies, rooms of a nurse care, social and labour rehabilitation, proves its solvency and expediency in medical and pharma-economic aspects and may be recommended to introduction in practical public health services.
In this article there is data which shows the results of Ulyanovsk area country side older persons complex medical tests. 345 of 60-85 years old patients were tested (204 males, 141 females). Result--there are no healthy people in the tested group. In average each old patient has 4.3 diseases--in 3.1 times more than adults do. The most of the sicknesses are the case rates of the blood-transporting, eyes and ears ones and bone-muscle system. The level of a medical care tolerance war analyzed by 172 old patients application checking. Result is a high tolerance of a medical care. So, it's nessesary to improve a specialized geriatric services.